

UPPER GI ENDOSCOPY

Your EGD, EGD with Dilation is scheduled for _____

Please **check in at Pueblo Endoscopy Suites #420** at _____ (please use waiting room door)

For a **morning** procedure, **do not eat anything after midnight**. You may have small sips of water up to FOUR HOURS prior to your procedure. You may also take your blood pressure and/or seizure medications FOUR HOURS prior to your procedure. **Nothing else by mouth after that, NO MINTS, NO GUM, NO WATER.**

For an **afternoon** procedure, **nothing to eat after midnight**. You may have a clear liquid breakfast and take your blood pressure and/or seizure medications up to FOUR HOURS prior to your procedure. **Nothing else by mouth after that, NO MINTS, NO GUM, NO WATER.**

Extended prep: Nothing to eat for _____ hours prior. You may have clear liquids and take your blood pressure and/or seizure medication up to FOUR HOURS prior to you procedure. **Nothing else by mouth after that, NO MINTS, NO GUM, NO WATER.**

Clear liquids include: water, apple juice, broths (chicken, beef or vegetable), white cranberry juice, white grape juice, 7up, ginger ale, Sprite, Mountain Dew, Jell-O, Gatorade and/or popsicles. **Avoid coffee, tea, dairy, alcohol, and anything with red, orange, or purple coloring.**

If you use oxygen or an inhaler please bring it with you to your procedure.

If you take any blood thinning medications, such as Coumadin, warfarin, Plavix, or have an artificial heart valve or an allergy to latex. Please call 719-543-3500.

If you are diabetic, please do not take any insulin or oral diabetic medications the morning of your procedure. Further directions can be found on the back of this form.

NOTE: Due to you receiving sedation **YOU CANNOT DRIVE**, have alcohol, or sign legal documents for 24 hours. **YOU WILL BE REQUIRED TO HAVE A FAMILY MEMBER OR FRIEND, 18 YEARS OLD OR OLDER, TO DRIVE YOU HOME.** YOUR DRIVER MAY NEED TO STAY THE DURATION OF YOUR PROCEDURE AND REMAIN WITH YOU FOR 24 HOURS AFTER.

If you have any questions or concerns, please contact our office at 719-543-3500

Diabetic Instructions

If your diabetes is unstable, please contact your prescribing physician for instructions in adjusting your insulin or other diabetic medications prior to your procedure. Stable diabetic patients, please follow these instructions:

1. You may take your regular medications the day before the procedure.
2. The day of the exam, do not take insulin or oral diabetic medications
3. If you use an insulin pump, continue your basal rate; no bolus.
4. Check your blood sugar the morning of the procedure and please report to the admitting nurse; call for concerns.
5. Resume your normal medications when exam is complete and you are eating well.